

## INFECTION CONTROL Founded Copy Right by the HKICNA NURSES' ASSOCIATION 30 April 1989 香港控制感染護士會

## http://www.hkicna.org

## Newsletter

#### Issue 36, September, 2019

Mission of the HKICNA: promulgating infection control best practice in health care organization and the community. This newsletter, available at our home page <u>http://www.hkicna.org</u>, is the official publication of HKICNA and published bi-annually in February/March and August/September. It welcomes articles pertaining to prevention, surveillance and control of infections, and related issues in health care organization and community. Please visit our web to submit.

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## Congratulatory Messages from Mr. Martin Kiernan Visiting Clinical Fellow, University of West London, UK

It gives me great pleasure to offer my congratulations to the Hong Kong Infection Control Nurses' Association on reaching the milestone of 30 years on the 30th April 2019 as a professional association.

In addition to being the most respected association in the region, during the past 30 years the HKICNA has had a global impact on the prevention and control of infections and the experiences of members have been widely shared throughout the world. This has been particularly important, since many emerging infections such as SARS have challenged infection control teams throughout the world and the valuable experiences and publications from HKICNA members has truly been of great benefit to the wider infection control community.

I must pay particular tribute to the founding Chair of the HKICNA, Miss Patricia Ching and the Association's Advisor, Dr Seto Wing Hong for their never-ending energy in promoting best practice in infection control both in Hong Kong and throughout the world. From an initial membership of just 44 the HKICNA now has a significant and well-educated membership which benefits the citizens of Hong Kong. Through sponsorship opportunities offered by the HKICNA, Infection Control Nurses are able to participate in conferences throughout the world, meaning that knowledge and experiences are shared.

In addition to this global role, the HKICNA organises many educational opportunities for learning and dissemination of best practices. The education of the infection prevention and control professionals of the future will be critical as antimicrobial resistance continues to increase and importantly, since 2000 the HKICNA has been a leader on providing this education in addition to awarding an annual scholarship to the leading student. Importantly, the jewel in the crown of which is the bi-annual International Conference, which commenced in 2004 and the most recent of which was the 8th meeting, the 9th of which will be held in 2020. This meeting is a 'must-do' for infection prevention professionals in the region. The conference is of extremely high quality both from the organisational and scientific content aspects. The speaker list for this prestigious meeting resembles a 'who's who' of the most eminent speakers and I have been honoured play a small part at the last three of these conferences.

# World Health Day Carnival 2019

World Health Day Carnival is an annual event held by HKAN (The Hong Kong Academy of Nursing) for promoting knowledge of diseases prevention and health promotion to public in Hong Kong.

HKICNA has joined this meaningful event since 2008 to promote the knowledge of infection control in the community.

This year, the event was carried out in Kowloon west region – Cheung Sha Wan playground on 6th April 2019. A SHITSHING AN ANAL BRITISH D &S

2019世界衛生

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Ms. France Wong (President of HKAN), Dr. Esther Wong (HKAN) and members of HKICNA

We organized two game booths for promulgating hand hygiene technique by using the "CouCou box". This device is equipped with UV light for checking the coverage of handrub (fluorescent) after hand hygiene, while a full coverage could ensure the efficacy and resulting in prevention of transmission of influenza.

Nursing students and tutors from CMC and QEH nursing school were invited to join the activities for conducting the Survey on the Perception of Engaging Patients for Reminding Healthcare Worker on Hand Hygiene.

Finally, we had more than 1,000 participants to join the event on this sunny day.



Volunteers from Nursing Schools

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Young and old people enjoyed the hand hygiene checking by "CouCou box"









Game booth for Prevention of Influenza



Special thanks to the souvenirs and HH technique box (Cou Cou box) and two supporters (Paulus and Roy) from A.R. Medicom Inc (Asia) Ltd.

# Asia Pacific Society of Infection Control (APSIC) 2019

The 9th International Congress of the Asia Pacific Society of Infection Control (APSIC) was held in Da Nang, the beautiful city in Central Vietnam from March 19-22, 2019.

The scientific program was comprehensive and informative, including an update on prevention and control of healthcare associated infections, especially device associated infections; management of emerging infectious diseases and outbreaks; antimicrobial resistance and



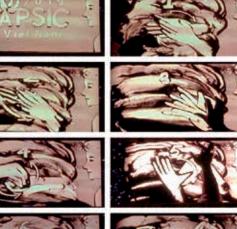
"We are HKICNA's family"

antimicrobial stewardship program and management of medical instruments and hospital environment.

Welcome to APSIC 2019



From left to right: Raymond, Kan, Wai Shan, Ying, Maggie, Annie, Jimmy, Mr. Lau





Sand painting of hand hygiene technique was very impressive



Jimmy, Maggie, Ying, Cindy, Dr. Chau, Kan, Jamie

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"Hey guys, we are promoting the 9th International Infection Control Conference at Hong Kong"

#### **Sustaining Infection Control Teams**

An interesting topic "Sustaining infection control teams (ICTs)" was shared by Ms. Linda R Greene who is a manager of the infection prevention program at a hospital in New York. Linda has over 25 years' experience in infection prevention and healthcare quality. She has coached teams on patient safety, sustainability, cultural change, and team work. Her insights on how to sustain ICTs is very helpful to our working atmosphere with a high turnover rate, jobs remained unfilled, stressed out, and unable to make changes.

Ways to sustain ICTs:

- 1. Begin succession planning: harness the passion, recruit and mentor are the keys to sustainability
- 2. Sustainable teams require physician engagement, i.e. identify the leaders, listen to and develop plans to address their concerns, and create a communication platform
- 3. Breaking down silos at work through infection control liaison program e.g. hand hygiene observation and newsletter etc.
- 4. Build a clear, strategic vision with a clear understanding of the mission, targeted goals and objectives. Do not get blinded by tasks.
- Mentor / transitioning skills to others. Good mentors are willing to teach, listen, guide, support, give autonomy and recognize good work.
- 6. Identify important factors affecting retention

Burnout can occur when you feel overwhelmed and unable to meet constant demands. As the stress continues, you begin to lose the interest and motivation at work. Linda shared some tips to prevent burnout, for examples, home office and attend a conference to get excited.

### My First Time to International Conference

This was my first time to be away from home to attend international conference. It provided a valuable opportunity for me to get up-to-date information and practices, as well as interact with infection control personnel from other countries. Apart from traditional sessions and oral presentation, there were debate sessions on infection control topics. One of the interesting topics: 'Should active surveillance screening of asymptomatic



patients be undertaken as a strategy to control MDROs' was debated by Professor Mattias Larsson from Sweden and Professor Anucha Apisarnthanarak from Thailand. Pros and cons for active surveillance were clearly illustrated. It allowed participants to refresh critically and seek improvement for the daily infection control practices.

Jimmy, ICN of Queen Elizabeth Hospital

# **Celebrating the 30<sup>th</sup> Anniversary Annual General Meeting:**

## A Party filling of Joy & Friendship

#### Introduction

The 30th Annual General Meeting (AGM) was held on 4th May 2019 at the World Trade Center, Causeway Bay, where over 270 members, advisors, speakers, council members and sponsors joined together. Thank you to all of you who attended our AGM. We hope you found the evening enjoyable and memorable.



Acknowledgement to advisors by HKICNA Chairman, Mr. Radley Ching



Advisor: Dr To Wing Kin

Auditor: Mr Jeff Peh



Legal advisor: Mr. Alan Yau

**Presentation of Scholarship** PTS Chairman Ms. Lam Hung Suet presented scholarship to the top student of the Certificate Course on Infection Control for Nurse, Ms Lai Ching Hung.

IT advisor: Mr Sammy Chan

## **Pre-AGM Seminar**

Before the AGM, we were honored to have our founding advisor: Dr Seto Wing Hong to share his insights on "Myths and Fallacies in Infection Control" with us in his exclusive humorous way.



At the meeting, the members met their old friends and colleagues, and also got to know many new friends among our ICN network.



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## Game 1 - Stay on Stage

Getting all the correct answers, you would be the last one stay on the stage and win the game.



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Our guests are talented to exercise any funny posts!



























































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## Game 3 - Face Mix

Let's guess who are those familiar faces?





### **Lucky Draw**

In addition to the table prizes for every guest, we have over 50 prizes and 7 grand prizes for lucky draw. To memorialize our 30<sup>th</sup> Anniversary, the lucky draws were commemorated in breaking golden eggs.



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The party is over but we all have much memory to cherish and lots of cheerful moments to look at ... Cerebrations would have been incomplete without you. We are looking forward to seeing you in the next year.



Work group of 30th AGM

#### **Booths**

Thanks to the support from our sponsors. There are a total of 18 promotional booths, where they showed us the advanced products and technology in supporting infection prevention and control.



Furthermore, we thank all of you including speakers, advisors, and members to walk with HKICNA for 30 years in promulgation of infection control best practice in health care organizations and the community.

## **Upcoming Events**

Events	location	Date
Australasian College for Infection Prevention and Control Conference 2019	Perth, Australia	17 – 20 November 2019
Healthcare Infection Society (HIS) Foundation course in infection prevention and control	Colindale, UK	21 – 24 January 2020
19th International Congress on Infectious Diseases	Kuala Lumpur, Malaysia	20 – 23 February 2020
Association for Professionals in Infection Control & Epidemiology (APIC) Annual Conference	Phoenix, USA	10 – 12 June 2020
The 18th Asia Pacific Congress of Clinical Microbiology and Infection	Singapore	5 – 7 November 2020